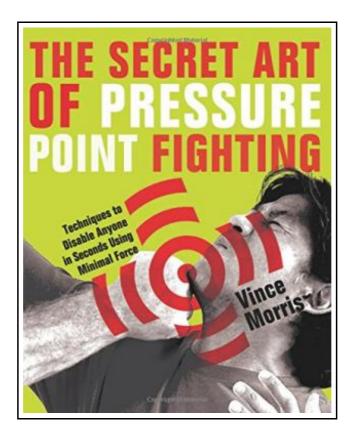
The Secret Art of Pressure Point Fighting: Techniques to Disable Anyone in Seconds Using Minimal Force



Filesize: 9.64 MB

Reviews

This publication is wonderful. Better then never, though i am quite late in start reading this one. I am very happy to tell you that here is the best book we have read through inside my personal daily life and could be he finest pdf for actually.

(Ms. Sydnee Lesch)

THE SECRET ART OF PRESSURE POINT FIGHTING: TECHNIQUES TO DISABLE ANYONE IN SECONDS USING MINIMAL FORCE



Ulysses Press. Paperback. Book Condition: new. BRAND NEW, The Secret Art of Pressure Point Fighting: Techniques to Disable Anyone in Seconds Using Minimal Force, Vince Morris, TARGET YOUR OPPONENT'S VITAL POINTS TO DISABLE ANYONE USING MINIMAL FORCE -Over 300 step-by-step photos show each point and strike-Written by a 9th - Dan Master and renowned expert on pressure point fighting Martial arts lore tells of masters who possessed a mysterious ability to defeat an opponent with a single perfectly placed blow. "The Secret Art of Pressure Point Fighting" transforms the ancient legend into a modern reality--an anatomically based fighting and self-defense system that allows a smaller defender to defeat a larger attacker by striking at the key points on his body. Straightforward and easy to understand, "The Secret Art of Pressure Point Fighting" provides a complete overview of the body's vulnerable points and teaches how to stop an attacker as quickly as possible using a minimal amount of physical strength.

- Read The Secret Art of Pressure Point Fighting: Techniques to Disable Anyone in Seconds Using Minimal Force Online
- Download PDF The Secret Art of Pressure Point Fighting: Techniques to Disable Anyone in Seconds Using Minimal Force

See Also



Would It Kill You to Stop Doing That?

Book Condition: New. Publisher/Verlag: Little, Brown Book Group | A Modern Guide to Manners | A laugh-out-loud guide to modern manners by acclaimed humorist, author, and Vanity Fair columnist Henry Alford. | A few years...

Read Book »



Summer the 25th anniversary of the equation (Keigo Higashino shocking new work! Lies and true Impenetrable(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: Unknown in Publisher: Modern Publishing Basic information Original Price: 28.00 yuan...

Read Book »



Genuine book Oriental fertile new version of the famous primary school enrollment program: the intellectual development of pre-school Jiang(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-09-01 Pages: 160 Publisher: the Jiangxi University Press Welcome Salan. service...

Read Book »



Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners

Fernhurst Books Limited. Paperback. Book Condition: new. BRAND NEW, Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners, Paul B. Boissier, Expert information for yachtsmen and...

Read Book »



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

Read Book »



Trace and Write Alphabets and Sentences for Beginning Writers (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. The Trace and Write Alphabets and Sentences for Beginning Writers workbook, provides extensive

Save eBook »



Patent Ease: How to Write You Own Patent Application (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Patent Ease! The new How to write your own Patent book for beginners!

Save eBook »



History of the Town of Sutton Massachusetts from 1704 to 1876 (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. This version of the History of the Town of Sutton Massachusetts

Save eBook »



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the

Save eBook »



A Parent s Guide to STEM (Paperback)

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****. This lively, colorful guidebook provides everything you need to know

Save eBook »