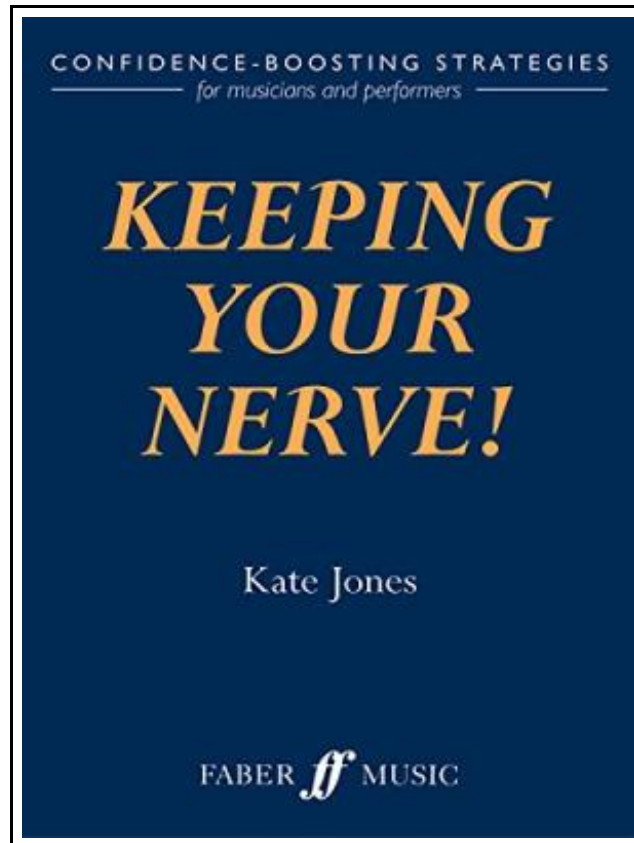


Keeping Your Nerve!: Confidence Boosting Strategies for the Performer



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Reviews

This is an awesome publication i have at any time read. Of course, it is play, still an interesting and amazing literature. You will like just how the author write this book.
(Prof. Herta Mann)

KEEPING YOUR NERVE!: CONFIDENCE BOOSTING STRATEGIES FOR THE PERFORMER



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Faber Music Ltd. Paperback. Book Condition: new. BRAND NEW, Keeping Your Nerve!: Confidence Boosting Strategies for the Performer, Kate Jones, "Keeping Your Nerve!" is the perfect pocket-sized prop for any performer hampered by stage fright, whether a keen amateur or student preparing for an exam. Full of comforting advise and entertaining anecdotes, this book will go a long way to helping conquer the fear of performing in public and will be of equal interest to teachers, parents and friends of performers. It will help the reader to prepare for performances, understand why musicians perform and why audiences turn up, offer support to friends or pupils who are about to perform, learn how to unwind after a performance, and finally, ultimately enjoy performing.



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