



Genuine] Experts on Chinese diet regimen Li Min(Chinese Edition)

By LI MIN

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Pub Date: 2012 Pages: 238 Publisher: Electronic Industry Press title: Experts on Chinese diet regimen Original Price: 29.90 yuan Author: Li Min Press: Electronics Industry Publishing Date: June 1. 2012 ISBN: 9787121169397 Words: Page: 238 Revision: 1 Binding: Paperback: 32 Item ID: asinB008BKJOB2 Editor's Choice Experts on Chinese diet and health covers a wide range of content. from the basic theory of Chinese medicine health care. to each food. medicinal herbs. the effectiveness of the health aspects of usage; Diet production of specific preventive conditioning common lifestyle diseases. meridian points on the efficacy of beauty care. massage. everything. Experts on Chinese diet and health. reading. readers can personally use in medical knowledge and self-care. The Summary No catalog edited by the Speaker of sequence a sequence the two Chapter TCM care basic theory of TCM and health care has a long history Huangdi health theory Taoist philosophy and Taoist health theory of Chinese medicine how the human physique classified yin and yang theory viscera blood fluid doctrine of Chinese medicine is how to treat the disease yin and yang...



Reviews

Very beneficial for all type of individuals. I have got study and so i am certain that i am going to going to read through once again once again later on. I am just happy to let you know that this is basically the greatest publication i have study during my own daily life and could be he finest pdf for ever.

-- Prof. Nelson Farrell MD

Comprehensive information for book fanatics. it had been writtern really completely and useful. I am happy to explain how this is the greatest publication i have read through in my very own life and can be he finest pdf for ever.

-- Virginie Collier I