

The (Real) Love Experiment: Explore Love, Relationships the Self (Paperback)



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Reviews

The book is fantastic and great. It is rally exciting throgh looking at period of time. Your way of life period will likely be change when you full reading this publication.

(Elijah Kuphal)

THE (REAL) LOVE EXPERIMENT: EXPLORE LOVE, RELATIONSHIPS THE SELF (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Relationships are our greatest teachers. Through them, we can learn so much about ourselves, and our lives. This book chronicles the author s journey through a 90-day commitment to (real) love and self-discovery and development Let s face it; life is messy. It s stained. It s crumpled up. And, this book is as real as that is my handwriting (the word REAL)! It s two-fold: this is about real life.my life, my story and indirectly, your life, too. It s not sugar-coated and fluffy. And the second part is that it s about real love. true and unconditional love. The kind that seems to evade us. For an entire 90-day window, I was intently focused on finding answers.and even the right questions. I followed myself around with a microscope, leaving no stone unturned. I allowed myself to feel. To really feel. And that included the pain and fear that bubbled up as I pulled off all the bandaids, one by one, and exposed the rawness beneath them. This is my journey through 90-days. The discoveries I made, the concepts I learned and applied, the obstacles that cropped up along the way and the miracles that became visible to me. While following along the author s journey, you ll learn: The difference between conditional and unconditional love How omissions and masks affect life and relationships About tests that come up to challenge our commitment(s) How Fear plays a very direct role in our lives and relationships To reflect on your own patterns, stories, trigger buttons and self-limiting beliefs and behaviors Top ways to truly love someone.



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