



Zen Supremacy: Being, Acknowledging, Perceiving, Changing and Achieving (Paperback)

By Daniel Marques

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is divided into five chapters: The Spiritual Identity; The Acknowledgement of God; The Perception of Happiness; The Transversality of Purenness; The Achievement of Immortality. Here, the reader will find a study of these subjects in their relation to zen philosophy, allowing a better understanding of all the topics while permitting an intersection of insights from different approaches that can be related. The content is supported by more than 20 years practicing zen meditation and its application to modern life, as well as studying the different perspectives described and applied by buddhism and its branches in India, Tibet, Japan and China. It is in this last country that, by experiencing the life and habits of the monks inside one of their own temples, the acknowledgement of all the previous studies with different followers of buddhism starts making its connections in an approach going beyond them. More precisely, it is when observing the difficulties that even those monks have in understanding and explaining the meaning of zen and its application to daily life that the need for this...



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