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Exploring the Way of Epictetus: His Destination, Directions and Strategies (Paperback)

By Professor of History Gary Cross

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Epictetus, a Greek Stoic philosopher who lived 1900 years ago, suggested that we all seek to be calm, free and have our desires met. This book explores Epictetus way to achieving these - including the problems that Epictetus identifies as the reasons for us not achieving these; the directions that Epictetus offers to help us to achieve these; and finally the strategies that Epictetus offers to help us to overcome the problems, to successfully follow his directions and ultimately to be calm, free and have our desires satisfied. Quotations are new translations from the Greek texts available today. All key words are linked to the original Greek words together with their meanings and nuances, allowing readers to explore the full richness of the original Greek words and to choose the meanings and nuances that they think better suit particular quotations. This book is part of the series Ways of the World in which the teachings of the founders of different religions and philosophies are explored to determine: the destination that we are told to seek; the directions offered...



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Reviews

This ebook will be worth acquiring. It is actually written in basic phrases instead of hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

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The most effective publication i at any time go through. This is certainly for all those who state that there had not been a worthy of looking at. Its been printed in an extremely straightforward way which is merely soon after i finished reading this publication where basically changed me, change the way in my opinion.

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