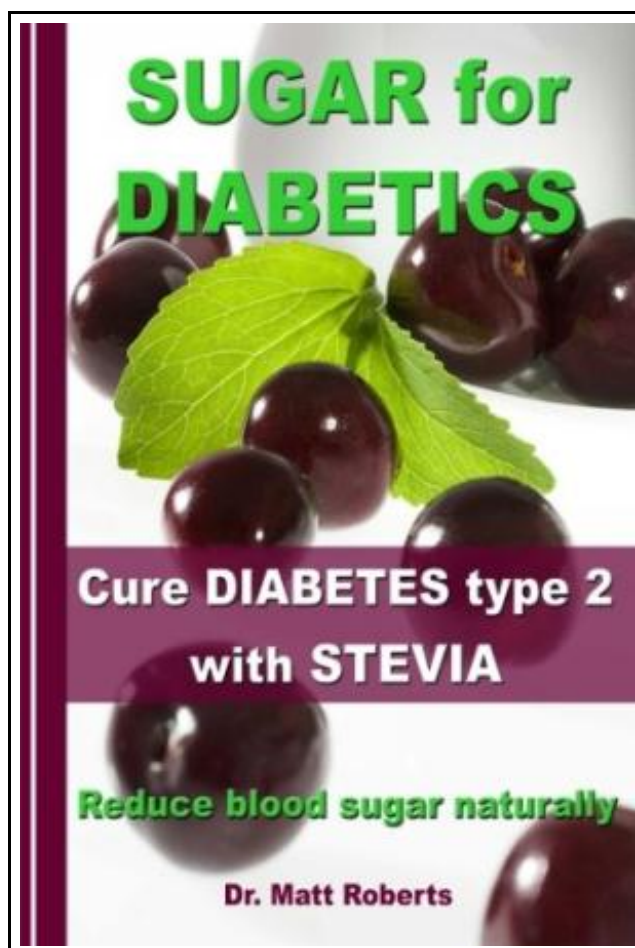


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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Did you know that Guarani Indians in South America only suffer from diabetes in very rare cases? For many centuries, South America s original inhabitants have been using a miracle plant called stevia, known for its sweetening effect and its medical properties. Stevia, a plant that you can plant anywhere on your own, has the botanical name *Stevia rebaudiana* Bertoni. Worldwide it is also known by names that mean sweet weed, sweet leaf, sugar hat or honey weed. It has an extremely strong natural sweetening effect, without harmful side effects. It can be used in a wonderful way to alleviate or heal diverse diseases. Not just diabetics can use this sweetener without any reservations - for people with weight and skin problems, as well as other diverse diseases, stevia represents a healthy alternative as well. When it comes to losing weight, and for diabetes, this plant achieves true miracles. Correct nutrition is of utmost importance for diabetes patients. If blood sugar, blood pressure and blood fat are improved, consequential diseases can be avoided. Using stevia, there is a very good chance to heal type 2 diabetes! The guide contains all important information about the ingredients of the stevia plant, and how they positively affect the body. From now on, you ll be able to sweeten naturally, without feeling guilty. Enjoy your meal with the sweet recipes from the book. About the Author Dr. Matt Roberts is a general practitioner with emphasis in natural medicine. He works for over 15 years with the most modern treatment methods on natural basis. With his guidance, many patients were able to activate their body s self-healing power, achieving surprising results.



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