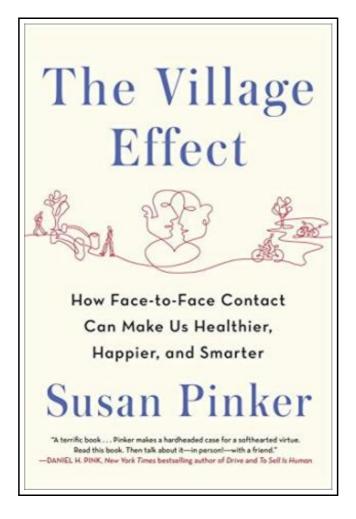
The Village Effect: How Face-to-Face Contact Can Make Us Healthier, Happier, and Smarter



Filesize: 3.42 MB

Reviews

It in a single of my personal favorite ebook. It really is filled with wisdom and knowledge I discovered this book from my dad and i recommended this book to discover. (Kyla Goodwin)

THE VILLAGE EFFECT: HOW FACE-TO-FACE CONTACT CAN MAKE US HEALTHIER, HAPPIER, AND SMARTER



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Spiegel & Drau, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "The benefits of the digital age have been oversold. Or to put it another way: there is plenty of life left in face-to-face, human interaction. That is the message emerging from this entertaining book by Susan Pinker, a Canadian psychologist. Citing a wealth of research and reinforced with her own arguments, Pinker suggests we should make an effort--at work and in our private lives--to promote greater levels of personal intimacy." -- Financial Times "Drawing on scores of psychological and sociological studies, [Pinker] suggests that living as our ancestors did, steeped in face-to-face contact and physical proximity, is the key to health, while loneliness is "less an exalted existential state than a public health risk." That her point is fairly obvious doesn't diminish its importance; smart readers will take the book out to a park to enjoy in the company of others." -- The Boston Globe "A hopeful, warm guide to living more intimately in an disconnected era . . . Pinker explores the powerful effects of face-to-face contact in our increasingly computer-mediated world. While the benefits of human contact may seem like common sense, Pinker"s witty and informative book reveals a far more complex picture of these interactions. It may not surprise readers that having a web of friends and acquaintances makes both job-hunting and surviving the death of a spouse more palatable. But the biological effects that come from the community, and daily interactions with friends, partners, and parents are much less familiar." -- Publishers Weekly "A terrific book . . . Susan Pinker makes a hardheaded case for a softhearted virtue. Read this book. Then talk about it--in person!--with a friend." --Daniel H. Pink, New York Times bestselling author of...

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