



Ground Fighting Techniques to Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy (Paperback)

By Sam Fury

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. Shumona Mallick (illustrator). 203 x 133 mm. Language: English . Brand New Book. Discover the Best Grappling, Brazilian Jiu Jitsu and Mixed Martial Arts Training, Techniques and Strategy to Make You Unstoppable in Any Ground Fight! Even if you have ZERO experience Ground Fighting Techniques to Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy will teach you the best ground fighting techniques and demonstrate how to use them in a systematic method so you can use them effectively whether it be Mixed Martial Arts, Brazilian Jiu Jitsu, Street Fighting or any other ground fighting you come across. Note: How to Street Fight by Sam Fury contains all the information in this book plus a whole lot more! Discover the Most Effective Grappling Techniques for Self Defense or any Grappling Sport Inside Ground Fighting Techniques to Destroy Your Enemy you will uncover a proven minimalist grappling fighting system adaptable for MMA, BJJ, Street Fighting or any other ground fight! Easier and Faster to Learn than Most Mixed Martial Arts Training The key to this system is the combination of a simple step...



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